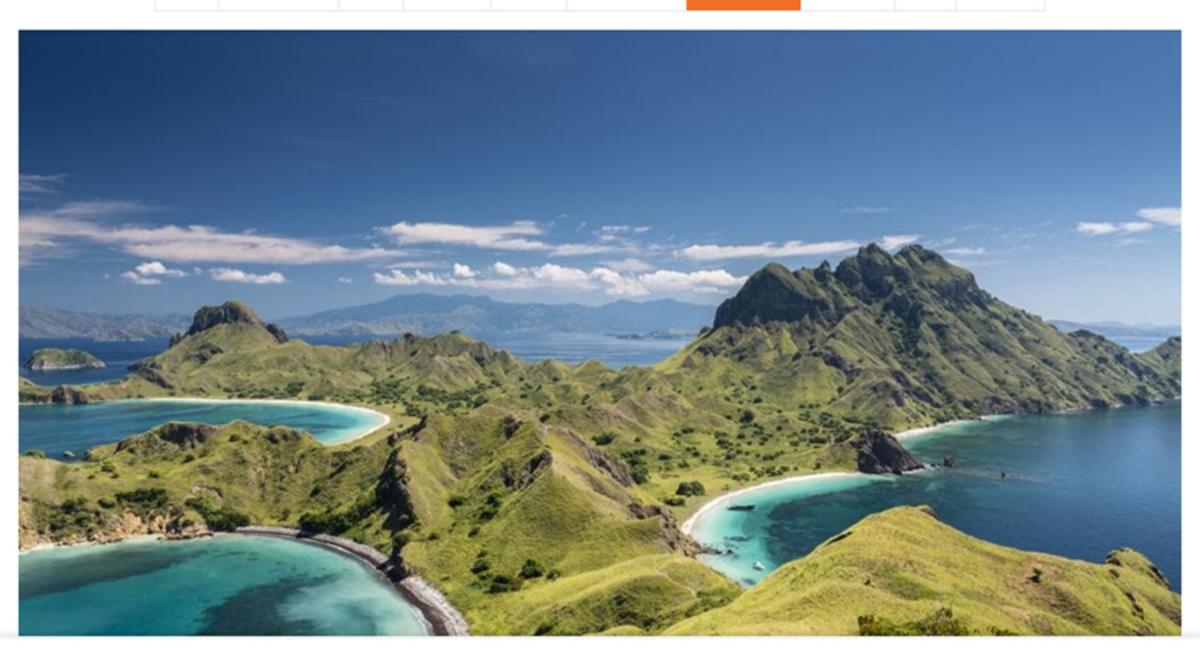
## **ESCAPE**

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## AUSSIES HAVE LONG LOVED SOUTH EAST ASIA — AND HERE'S WHY

JENNY HEWETT, ESCAPE November 10, 2018 1:00pm

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A mixed bag of distinct cultures, devotions, history and landscapes, Southeast Asia is a dynamic continent that feels like four worlds in one. Not only is it one of the most accessible and affordable travel destinations for Australians, it's also the most diverse.

And with a slew of new hotel openings, cruises and bucket-list experiences slated for 2019 across Vietnam, Thailand, Cambodia, Singapore, Indonesia and Borneo, there's plenty to keep us coming back next year and beyond. Here's why.



## IF YOU LOVE WELLNESS ...

With wellness now the fastest growing niche in the travel industry, hotels are looking to meet the increased demand for healthier holidays. Luxe Phuket resort <a href="Kata Rocks">Kata Rocks</a> is the latest to join the movement, launching a series of three-day wellness packages for guests who are looking to reset and recharge. The packages include accommodation in a Sky Pool Villa, spa and massage treatments, daily steam and sauna sessions, consultations, yoga, and juices and tonics.