


























# KATA ROCKS FUN ACTIVITIES



	11:00 AM	1:30 PM	2:30 PM	4:00 PM
<b>MON.</b>	<b>TOWEL ORIGAMI</b> Learn how to turn towels into art at our decorative towel folding class  IN YOUR VILLA	 <b>ROCKS' YOGA</b> <b>THB 1,000++/Person</b> Give yoga a try to find out if it's right for you!  AT INFINITE LUXURY FITNESS & GYM	 <b>COCKTAIL CLASS</b> <b>THB 800++/Person</b> 3 cocktails selection, Certification, Recipes  AT THE BAR	 <b>ABS &amp; CORE</b> <b>THB 1,000++/Person</b> Best core building exercises for strong and healthy lower backs  AT INFINITE LUXURY FITNESS & GYM
<b>TUE.</b>	 <b>RUE SI DAT TON (Thai hermit exercise)</b> <b>THB 1,000++/Person</b> Learn the basic techniques of Thailand's own yoga practice for solitude and peace  AT INFINITE LUXURY FITNESS & GYM.	 <b>PANDANUS FLOWER FOLDING &amp; DECORATION</b> Learn the basic techniques of making flowers from Pandan leaves  AT LOUNGE ROOM	 <b>FRUIT CARVING CLASS</b> <b>THB 500++/Person</b> Offering a basic introduction to Thai fruit carving from Pandan leaves  AT LOUNGE ROOM	 <b>THAI CALLIGRAPHY</b> Learn how to write your name in Thai and more  AT LOUNGE ROOM
<b>WED.</b>	<b>TOWEL ORIGAMI</b> Learn how to turn towels into art at our decorative towel folding class  IN YOUR VILLA	 <b>MUAY THAI BOXING</b> <b>THB 1,000++/Person</b> Learn the basics of self-defence studying Thailand's ancient martial art  AT INFINITE LUXURY FITNESS & GYM	 <b>COCKTAIL CLASS</b> <b>THB 800++/Person</b> 3 cocktails selection, Certification, Recipes  AT THE BAR	 <b>RUE SI DAT TON (Thai hermit exercise)</b> <b>THB 1,000++/Person</b> Learn the basic techniques of Thailand's own yoga practice for solitude and peace  AT INFINITE LUXURY FITNESS & GYM
<b>THUR.</b>	 <b>THAI MASSAGE LESSON</b> <b>THB 1,500++/Person</b> Learn fundamental techniques of Thailand's time honoured and most popular massage  AT INFINITE LUXURY SPA	 <b>PANDANUS FLOWER FOLDING &amp; DECORATION</b> Learn the basic techniques of making flowers from Pandan leaves  AT LOUNGE ROOM	 <b>FRUIT CARVING CLASS</b> <b>THB 500++/Person</b> Offering a basic introduction to Thai fruit carving from Pandan leaves  AT LOUNGE ROOM	 <b>THAI CALLIGRAPHY</b> Learn how to write your name in Thai and more  AT LOUNGE ROOM
<b>FRI.</b>	<b>TOWEL ORIGAMI</b> Learn how to turn towels into art at our decorative towel folding class  IN YOUR VILLA	 <b>AROMATHERAPY MASSAGE LESSON</b> <b>THB 1,500++/Person</b> Learn the basic art of aromatherapy with our skilled, professional therapists  AT INFINITE LUXURY SPA	 <b>COCKTAIL CLASS</b> <b>THB 800++/Person</b> 3 cocktails selection, Certification, Recipes  AT THE BAR	 <b>THAI CALLIGRAPHY</b> Learn how to write your name in Thai and more  AT LOUNGE ROOM
<b>SAT.</b>	 <b>ROCKS' YOGA</b> <b>THB 1,000++/Person</b> Give yoga a try to find out if it's right for you!  AT INFINITE LUXURY FITNESS & GYM	 <b>PANDANUS FLOWER FOLDING &amp; DECORATION</b> Learn the basic techniques of making flowers from Pandan leaves  AT LOUNGE ROOM	 <b>FRUIT CARVING CLASS</b> <b>THB 500++/Person</b> Offering a basic introduction to Thai fruit carving from Pandan leaves  AT LOUNGE ROOM	 <b>ABS &amp; CORE</b> <b>THB 1,000++/Person</b> Best core building exercises for strong and healthy lower backs  AT INFINITE LUXURY FITNESS & GYM
<b>SUN.</b>	<b>TOWEL ORIGAMI</b> Learn how to turn towels into art at our decorative towel folding class  IN YOUR VILLA	 <b>RUE SI DAT TON (Thai hermit exercise)</b> <b>THB 1,000++/Person</b> Learn the basic techniques of Thailand's own yoga practice for solitude and peace  AT INFINITE LUXURY FITNESS & GYM	 <b>ABS &amp; CORE</b> <b>THB 1,000++/Person</b> Best core building exercises for strong and healthy lower backs  AT INFINITE LUXURY FITNESS & GYM	 <b>MUAY THAI BOXING</b> <b>THB 1,000++/Person</b> Learn the basics of self-defence studying Thailand's ancient martial art  AT INFINITE LUXURY FITNESS & GYM

**TERMS & CONDITIONS:**  \* Pre-registering one day in advance is highly recommended or subject to first come first serve availability.  
 \* Booking can be made directly at the Infinite Luxury Spa, or dial ext. 7400.

# KATA ROCKS FUN ACTIVITIES 活动



	11:00AM	1:30PM	2:30PM	4:00PM
MON.	<p><b>毛巾折纸</b> 学习如何将毛巾变成装饰艺术品</p> <p>在您的别墅内</p>	<p><b>卡塔瑜伽</b> 泰铢 1,000++/人 给瑜伽尝试找出它是否适合你!</p> <p>在无限豪华水疗中心&amp;健身房</p>	<p><b>鸡尾酒类课</b> 泰铢 800++/人 3种鸡尾酒选, 证书, 食谱</p> <p>酒吧</p>	<p><b>ABS &amp; CORE 锻炼</b> 泰铢 1,000++/人 强健健康腰背的最佳核心锻炼练习</p> <p>在无限豪华水疗中心&amp;健身房</p>
TUE.	<p><b>泰国瑜伽</b> 泰铢 1,000++/人 了解泰国自己的瑜伽练习基本技术的孤独和和平</p> <p>在无限豪华水疗中心&amp;健身房</p>	<p><b>潘丹叶花卉折叠和装饰</b> 学习从香兰叶子制作花卉的基本技巧</p> <p>休息室</p>	<p><b>水果雕刻类</b> 泰铢 500++/人 提供一个基本的介绍, 从香兰叶泰国水果雕刻</p> <p>休息室</p>	<p><b>泰国书法</b> 了解如何在泰国和越写你的名字</p> <p>休息室</p>
WED.	<p><b>毛巾折纸</b> 学习如何将毛巾变成装饰艺术品</p> <p>在您的别墅内</p>	<p><b>泰拳</b> 泰铢 1,000++/人 学习泰国古代武术的自卫基础知识</p> <p>在无限豪华水疗中心&amp;健身房</p>	<p><b>鸡尾酒类课</b> 泰铢 800++/人 3种鸡尾酒选, 证书, 食谱</p> <p>酒吧</p>	<p><b>泰国瑜伽</b> 泰铢 1,000++/人 了解泰国自己的瑜伽练习基本技术的孤独和和平</p> <p>在无限豪华水疗中心&amp;健身房</p>
THUR.	<p><b>泰式按摩课</b> 泰铢 1,500++/人 了解泰国的基本技术是最流行的按摩</p> <p>在无限豪华水疗中心</p>	<p><b>潘丹叶花卉折叠和装饰</b> 学习从香兰叶子制作花卉的基本技巧</p> <p>休息室</p>	<p><b>水果雕刻类</b> 泰铢 500++/人 提供一个基本的介绍, 从香兰叶泰国水果雕刻</p> <p>休息室</p>	<p><b>泰国书法</b> 了解如何在泰国和越写你的名字</p> <p>休息室</p>
FRI.	<p><b>毛巾折纸</b> 学习如何将毛巾变成装饰艺术品</p> <p>在您的别墅内</p>	<p><b>香薰按摩</b> 泰铢 1,500++/人 学会尊重泰国的时间基本技术和最流行的按摩</p> <p>在无限豪华水疗中心</p>	<p><b>鸡尾酒类课</b> 泰铢 800++/人 3种鸡尾酒选, 证书, 食谱</p> <p>酒吧</p>	<p><b>泰国书法</b> 了解如何在泰国和越写你的名字</p> <p>休息室</p>
SAT.	<p><b>卡塔瑜伽</b> 泰铢 1,000++/人 给瑜伽尝试找出它是否适合你!</p> <p>在无限豪华水疗中心&amp;健身房</p>	<p><b>潘丹叶花卉折叠和装饰</b> 学习从香兰叶子制作花卉的基本技巧</p> <p>休息室</p>	<p><b>水果雕刻类</b> 泰铢 500++/人 提供一个基本的介绍, 从香兰叶泰国水果雕刻</p> <p>休息室</p>	<p><b>ABS &amp; CORE 锻炼</b> 泰铢 1,000++/人 强健健康腰背的最佳核心锻炼练习</p> <p>在无限豪华水疗中心&amp;健身房</p>
SUN.	<p><b>毛巾折纸</b> 学习如何将毛巾变成装饰艺术品</p> <p>在您的别墅内</p>	<p><b>泰国瑜伽</b> 泰铢 1,000++/人 了解泰国自己的瑜伽练习基本技术的孤独和和平</p> <p>在无限豪华水疗中心&amp;健身房</p>	<p><b>ABS &amp; CORE 锻炼</b> 泰铢 1,000++/人 强健健康腰背的最佳核心锻炼练习</p> <p>在无限豪华水疗中心&amp;健身房</p>	<p><b>泰拳</b> 泰铢 1,000++/人 学习泰国古代武术的自卫基础知识</p> <p>在无限豪华水疗中心&amp;健身房</p>

条款与规定: \* 强烈建议提前一天预先登记, 或先到先得  
\* 如需预订咨询, 请拨打分机号码 7400