KATA ROCKS FUN ACTIVITIES



	11:00AM	1:30PM	2:30PM	4:00PM
MON.	TOWEL ORIGAMI Learn how to turn towels into art at our decorative towel folding class	ROCKS' YOGA THB 2,500++/Person Give yoga a try to find out if it's right for you!	COCKTAIL CLASS THB 800++/Person 3 cocktails selection, Certification, Recipes	ABS & CORE THB 2,000++/Person Best core building exercises for strong and healthy lower backs
	IN YOUR VILLA	AT INFINITE LUXURY FITNESS & GYM	AT THE BAR	AT INFINITE LUXURY FITNESS & GYM
TUE.	RUE SI DAT TON (Thai hermit exercise) THB 2,000++/Person Learn the basic techniques of Thailand's own yoga practice for solitude and peace	PANDANUS FLOWER FOLDING & DECORATION Learn the basic techniques of making flowers from Pandan leaves	FRUIT CARVING CLASS THB 500++/Person Offering a basic introduction to Thai fruit carving from Pandan leaves	THAI CALLIGRAPHY Learn how to write your name in Thai and more
	AT INFINITE LUXURY FITNESS & GYM.	AT LOUNGE ROOM	AT LOUNGE ROOM	AT LOUNGE ROOM
WED.	TOWEL ORIGAMI Learn how to turn towels into art at our decorative towel folding class	MUAY THAI BOXING THB 2,000++/Person Learn the basics of self-defence studying Thailand's ancient martial art	COCKTAIL CLASS THB 800++/Person 3 cocktails selection, Certification, Recipes	RUE SI DAT TON (Thai hermit exercise) THB 2,000++/Person Learn the basic techniques of Thailand's own yoga practice for solitude and peace
	IN YOUR VILLA	AT INFINITE LUXURY FITNESS & GYM	AT THE BAR	AT INFINITE LUXURY FITNESS & GYM
THUR.	THAI MASSAGE LESSON THB 1,500++/Person Learn fundamental techniques of Thailand's time honoured and most popular massage	PANDANUS FLOWER FOLDING & DECORATION Learn the basic techniques of making flowers from Pandan leaves	FRUIT CARVING CLASS THB 500++/Person Offering a basic introduction to Thai fruit carving from Pandan leaves	THAI CALLIGRAPHY Learn how to write your name in Thai and more
	AT INFINITE LUXURY SPA	AT LOUNGE ROOM	AT LOUNGE ROOM	AT LOUNGE ROOM
FRI.	TOWEL ORIGAMI Learn how to turn towels into art at our decorative towel folding class	AROMATHERAPY MASSAGE LESSON THB 1,500++/Person Learn the basic art of aromatherapy with our skilled, professional therapists	COCKTAIL CLASS THB 800++/Person 3 cocktails selection, Certification, Recipes	THAI CALLIGRAPHY Learn how to write your name in Thai and more
	: IN YOUR VILLA	AT INFINITE LUXURY SPA	AT THE BAR	AT LOUNGE ROOM
SAT.	ROCKS' YOGA THB 2,500++/Person Give yoga a try to find out if it's right for you!	PANDANUS FLOWER FOLDING & DECORATION Learn the basic techniques of making flowers from Pandan leaves	FRUIT CARVING CLASS THB 500++/Person Offering a basic introduction to Thai fruit carving from Pandan leaves	ABS & CORE THB 2,000++/Person Best core building exercises for strong and healthy lower backs
	AT INFINITE LUXURY FITNESS & GYM	AT LOUNGE ROOM	AT LOUNGE ROOM	AT INFINITE LUXURY FITNESS & GYM
SUN.	 TOWEL ORIGAMI Learn how to turn towels into art at our decorative towel folding class 	RUE SI DAT TON (Thai hermit exercise) THB 2,000++/Person Learn the basic techniques of Thailand's own yoga practice for solitude and peace	ABS & CORE THB 2,000++/Person Best core building exercises for strong and healthy lower backs	MUAY THAI BOXING THB 2,000++/Person Learn the basics of self-defence studying Thailand's ancient martial art
	. IN YOUR VILLA	AT INFINITE LUXURY FITNESS & GYM	AT INFINITE LUXURY FITNESS & GYM	AT INFINITE LUXURY FITNESS & GYM



TERMS & CONDITIONS: * Pre-registering one day in advance is highly recommended or subject to first come first serve availability.

* Booking can be made directly at the Infinite Luxury Spa, or dial ext. 7400.

KATA ROCKS FUN ACTIVITIES 活动



	11:00AM	1:30PM	2:30PM	4:00PM
MON.	毛巾折纸 学习如何将毛巾 变成装饰艺术品	下塔瑜伽 泰铢 2,500++/人 给瑜伽尝试找出它是 否适合你! ○ 在无限豪华水疗中心&健身房	□ 鸡尾酒类课	ABS & CORE 锻炼
TUE.	泰国瑜伽	潘丹叶花卉折叠 ♀ 休息室 和装饰 学习从香兰叶子制 作花卉的基本技巧	水果雕刻类 泰铢 500++/人 提供一个基本的介绍, 从香兰叶泰国水果雕刻	□ 泰国书法□ 了解如何在泰国和□ 越写你的名字
WED.	毛巾折纸 学习如何将毛巾变 成装饰艺术品	□ 泰拳 泰铢 2,000++/人 学习泰国古代武术的自卫 基础知识	□ 鸡尾酒类课	素国瑜伽 泰铢2,000++/人 了解泰国自己的瑜伽练 习基本技术的孤独和和平
THUR.	示式按摩课 泰铢 1,500++/人 了解泰国的基本技术是 最流行的按摩	潘丹叶花卉折叠 ○ 休息室和装饰学习从香兰叶子制作花卉的基本技巧	水果雕刻类 泰铢500++/人 提供一个基本的介绍, 从香兰叶泰国水果雕刻	□ 泰国书法□ 了解如何在泰国和□ 越写你的名字
FRI.	毛巾折纸 ◆ 在您的 学习如何将毛巾变成 装饰艺术品	● 香薰按摩 本无限豪华水疗中	□ 鸡尾酒类课	□ 泰国书法□ 了解如何在泰国和□ 越写你的名字
SAT.	下塔瑜伽 泰铢 2,500++/人 给瑜伽尝试找出它是 否适合你! ○ 在无限豪华水疗中 心&健身房	潘丹叶花卉折叠 ○ ^{休息室} 和装饰 学习从香兰叶子制作 花卉的基本技巧	水果雕刻类 泰铢 500++/人 提供一个基本的介绍, 从香兰叶泰国水果雕刻	ABS & CORE 锻炼
SUN.	毛巾折纸 ○ 在您的 学习如何将毛巾变成 装饰艺术品	素国瑜伽 泰铢 2,000++/人 了解泰国自己的瑜伽练习 基本技术的孤独和和平	ABS & CORE 锻炼	□ 泰拳



- 条款与规定: *强烈建议提前一天预先登记,或先到先得
 - *如需预订咨询,请拨打分机号码 7400