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Gin Explorer Global Gin News

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BULLETIN BOARD

THAI GIN 'KATA ROCKS' NABS DOUBLE GOLD AT CWSA

THE WORLDS FIRST COLLAGEN GIN THAT BOOSTS YOUR SKIN AS YOU SIP!

WHAT IS MINDFUL DRINKING?



Gin Explorer's Global Gin News has all the latest information from the world of gin.

So... what gossip do we have for you this week? Well if you fancy travelling to Thailand, drinking gin that could fight ageing and finding out just what mindful drinking is, stick around!

Thai Gin 'Kata Rocks' Nabs Double Gold at CWSA



Known for hosting glamorous events, stylish parties and welcoming a sophisticated crowd all year long; trend-setting Kata Rocks resort recently launched its distinctive limited-edition brand of locally distilled gin.

The gin starts with a healthy infusion of juniper berries and angelica wild ginseng and is finished with Asian spices and herbs. In total it features over 10 different botanicals including fresh lemongrass, fresh lemon peel, coriander seed, fresh bergamot leaf, Sichuan peppercorn, fresh green pepper, green cardamom, white mugwort, fresh pomelo peel, Thai basil and high mountain oolong tea.

Kata Rocks was such a success it when on to win double gold at the Chinese Wine and Spirits Awards 2017.

Unfortunately, if you want to get your hands on this gin you will have to travel to Kata Rocks, Phuket, Thailand. An approximate 15-hour plane journey from London.

The Worlds First Collagen Gin That Boosts Your Skin As You Sip!



Collagen? In gin? Yes, you heard right Explorers! The brains behind 'Young In Spirit Limited' Camilla and Liz switched their Oxford PR lives and started working on a pretty exciting project, they wanted to combine the two rather wonderful things. The ever-growing worlds of beauty and booze and their first creation... 'Collagin'.

Collagin is packed with natural anti ageing botanicals such as star anise, pink grapefruit and orris. For an extra little pick me up pure collagen is added to the mix. Perfectly served in a martini or in what they like to call the 'skin and tonic'. Collagin, tonic and pink grapefruit.

Sounds good right? You can get yourself a bottle [here](#) or you can read more [here](#).

What Is Mindful Drinking?



In pubs dotted around London, young people are practising something called 'mindful drinking'. But what is mindful drinking?

Well, here's a few stats for you all. According to figures from the [Office for National Statistics](#), it sounds as if young people are more likely to be shoving their drunk parents into a cab than the other way around, as fewer than half (48%) of those aged 16 to 24 report drinking alcohol in the previous week compared with 66% of those aged 45 to 64.

So mindful drinking refers to going out and thinking twice before ordering the same old vodka and coke. Enjoying alcohol more and drinking the best quality and less of it. It works perfectly well trying it as an individual, but there are also groups that organise 'mindful pub crawls' so you can go out with people trying out the same thing.

We think, the best way to enjoy alcohol is to experiment with a wide range and always seek for craft, high quality and the best ingredients! Fancy trying something new? Well, [Gin Festival](#) have over 350 different craft gins, so why not head over and start mindful drinking.