



Welcome to European Spa magazine - the leading business resource for spa professionals across Europe.

Our magazine, social media and website work together to provide a unified voice for the European spa industry across the most vital communication links of today.

Online and control-circulated to key decision-makers, European Spa is an indispensable source of intelligence and opinion hub for the figureheads shaping the wellness market throughout Europe and across the globe.



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What's making the spa industry headlines

Kata rocks new hi-tech rituals



Infinite Luxury Spa (IL Spa) at Phuket's Kata Rocks resort is the first in Thailand to provide hi-tech nap pods and sensory water massage beds. The new installations complement the spa's eight treatment suites, which blend 'beyond organic' British brand ila and IL Spa's own Me Time philosophy to create bespoke rituals.

"We believe technology can be combined with traditional therapies to advance the holistic spa experience," says general manager Scot Toon. "Investing in the latest Italian-made ISO-Benessere water massage beds and MetroNaps EnergyPods was crucial to the creation of our personalised treatments as it gives IL Spa a highly flexible product offering.

"The sensory water beds provide excellent body support, temperature control and chromotherapy during treatments, especially with our Kundalini Ritual; a nurturing massage that uses chakra and sound healing to activate and channel the Kundalini dormant energy at the base of the spine."

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