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ASIA PACIFIC'S LEADING TRAVEL AND LIFESTYLE
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5 BEST ASIA SPAS YOU NEED TO GET PAMPERED AT NOW



Let's face it, if we could have a massage every hour of every day, we would. But then, it wouldn't leave us much time to do other things like travel the world and ummm, work. Luckily for you (and us), our work does (sometimes) involve getting spa treatments around the world, so here are our top 5 best Asia spas.

#5 Boutique Luxe



The spa focuses on Thai treatments

Featuring the latest spa massage technology, [Infinite Luxury Spa at Kata Rocks](https://www.katarocks.com/phuket-luxury-spa/) has eight luxury treatment rooms and suites, including a chromotherapy room for coloured light therapy, a waterbed room equipped with an Italian-made Iso-Benessere water massage bed for aiding spinal integration, and a sleeping pod room with Metronap rest pod amongst the usual treatment rooms.

WanderLuxe loves: A signature Infinite Luxury Spa innovation, the Kata Rocks Blessing is an indulging combination of the healing stone blessing and the purifying ritual by sacred signing bowl to uplift the senses. The Chakra Balancing Massage is followed to complement the purifying treat and leave you in a state of deep relaxation.

Get a good night's sleep
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