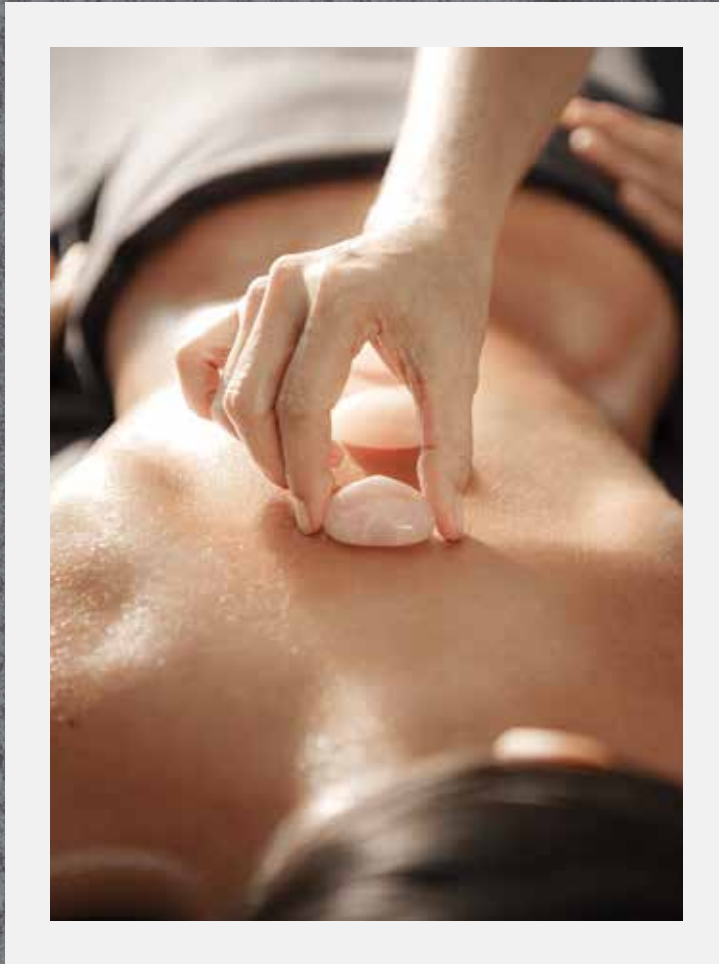




INFINITE LUXURY SPA



AT KATA ROCKS



“To the mind that is still, the whole universe surrenders”

LAO TZU

"Sometimes letting things go is an act of far greater power
than defending or hanging on."

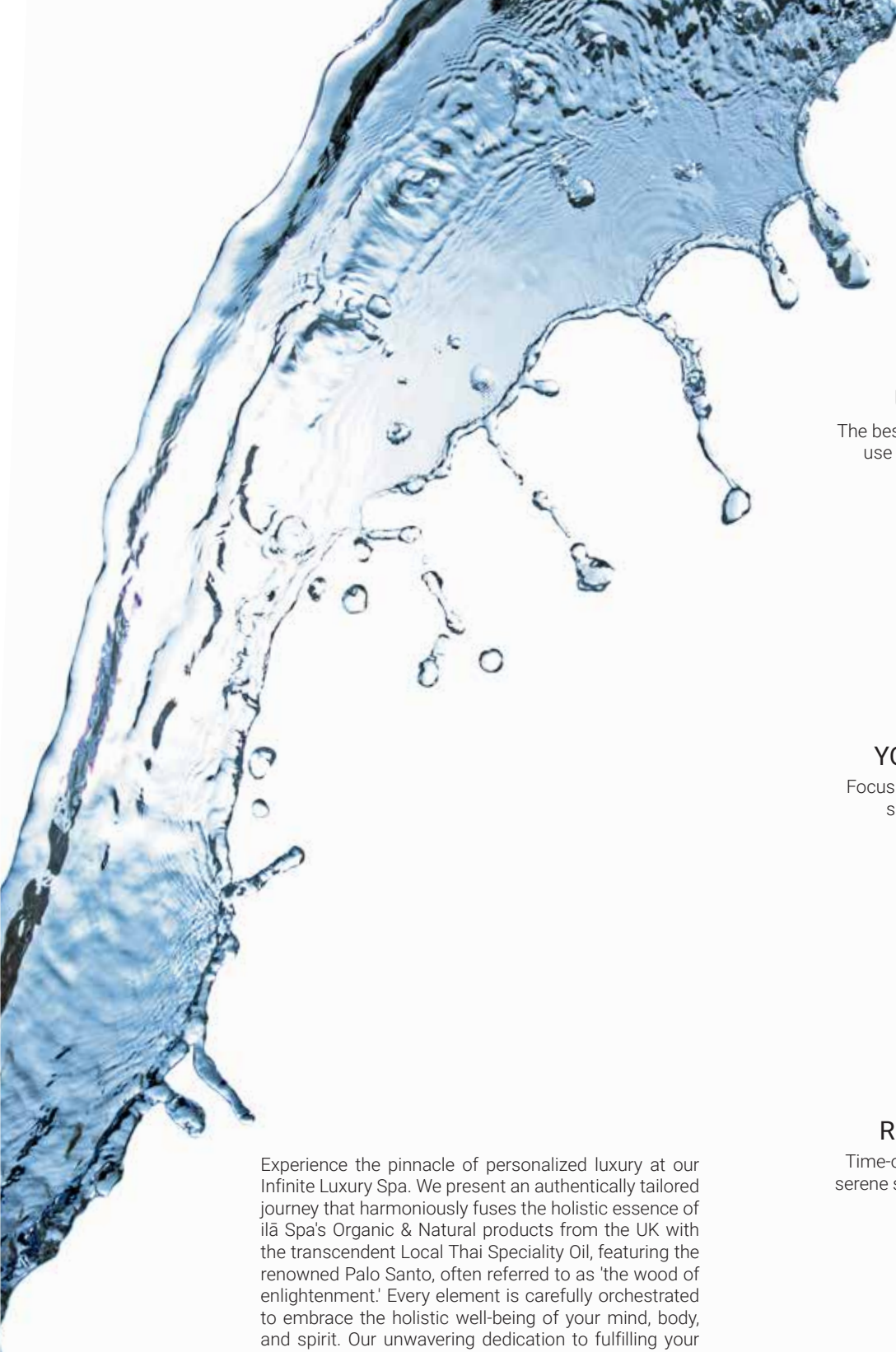
ECKHART TOLLE





“ To keep the body in good health is a duty...
otherwise we shall not be able to keep the mind strong and clear. ”

BUDDHA



UNIQUELY SIAM

The best in traditional treatments and use of authentic local products



YOUTHFUL AGEING

Focusing on the rejuvenation of the skin and the health of the nervous system



REST & RECOVERY

Time-out to recuperate in a tranquil, serene space with relaxing treatments



DETOX & CLEANSING

Promotes the regeneration of healthy bodily functions and emphasizes "balance"

Experience the pinnacle of personalized luxury at our Infinite Luxury Spa. We present an authentically tailored journey that harmoniously fuses the holistic essence of ilā Spa's Organic & Natural products from the UK with the transcendent Local Thai Speciality Oil, featuring the renowned Palo Santo, often referred to as 'the wood of enlightenment.' Every element is carefully orchestrated to embrace the holistic well-being of your mind, body, and spirit. Our unwavering dedication to fulfilling your individual requirements shapes each step of your spa odyssey, ensuring an unparalleled and unforgettable experience.

Guests have the flexibility to select a complete assessment and personalized program, their favorite treatment, or any of the thoughtfully curated treatments and therapies on the following pages, catering to their mood or desired outcome.



INFINITE LUXURY SPA

UNIQUELY SIAM

SENSE OF BOTANICAL COCO OIL MASSAGE

60/90/120 MINUTES THB 3,800/5,000/6,000

"A Local Favourite with Love, Honour & Enjoyment"

This massage uses long, smooth, slow strokes to get your circulation and energy flow moving. These soothing movements will help relax your mind and release tension, providing you with a well-deserved break. Your senses will be enlivened by the touch and aroma of Palo Santo massage coconut oil, while your mind is calmed and centered, leaving your body rested and revitalized.

THAI MASSAGE

60/90/120 MINUTES THB 3,600/4,800/5,800

"For A Better Flexible Body"

Literally meaning "the old Thai way of healing with hands" with its origins in ancient techniques from Indian and Chinese traditional medicine. It is a treatment that is recorded in age-old manuscripts. Dressed in comforting soft cotton pajamas, you will be taken through a series of movements, which incorporate gentle rocking, rhythmic compression, deep stretching and the use of pressure-points along the meridians (sen) of the body, leaving you emotionally centered and physically refreshed.

LOCAL BAMBOO MASSAGE

60/90 MINUTES THB 3,800/5,000

"A Muscle Pain Reliever"

The bamboo used for this treatment is sourced from a natural bamboo grove in Phuket. Each piece is warmed and then skillfully employed during the treatment, where it is worked over the muscles using deep, lengthening strokes. The muscles are further kneaded to release tension and work out 'knots'. The bamboo cane provides an opportunity for a deeper and smoother treatment.

SENSE OF SWEET ALMOND OIL MASSAGE

60/90/120 MINUTES THB 4,100/5,200/6,100

"For sensitive skin"

Indulge in pure relaxation with our Tranquil Almond Oil Massage, specially designed for sensitive skin. Expert techniques and soothing sweet almond oil gently melt away tension, leaving your sensitive skin soft and your senses rejuvenated.

SIAM CLASSIC WITH HOT HERBAL COMPRESS

120 MINUTES THB 6,000

"Energizing Massage"

A traditional Thai solution for those seeking relief from fatigue of both body and mind. The treatment commences with a traditional 90-minute Thai Massage, combining gentle stretching with rhythmic massaging and compressions, aimed at harmonizing energy flow and revitalizing the body. Concluding the treatment, a heated herbal pouch is applied to targeted areas, effectively alleviating muscle tension, promoting blood circulation, and invigorating both body and mind. Notably, the pouch offers anti-inflammatory and antioxidant properties, adding to its effectiveness.

*** All prices are subject to a 10% service charge and 7% Government Tax



INFINITE LUXURY SPA

YOUTHFUL AGEING

SENSO HEALING

105 MINUTES

THB 7,200

"To Awaken All Your Senses"

"Himalayan Salt Crystal Scrub & Body Oil Massage"

This treatment seamlessly blends beauty and wellness, offering a comprehensive pampering experience. You'll luxuriate on a water mattress, while the infusion of collagen (photo rejuvenation) works its magic. To elevate this experience, your therapist will personalize it by adjusting the water temperature to your preference, inducing deep relaxation even before the rejuvenation begins. Following this, your skin will be cleansed with a Himalayan Salt Crystal Scrub, paving the way for a floating massage that draws inspiration from traditional Hawaiian techniques. Through sweeping, long strokes, the therapist restores balance and harmony, creating a soothing and delightful sensation.

MASCULINE VITALITY

120 MINUTES

THB 6,800

"To Strengthen and Invigorate"

"Himalayan Salt Crystal Scrub & Kundalini Massage with Wrap"

This ritual harnesses potent herbs and precise techniques to reinvigorate and enhance men's vitality, making it an ideal revitalization for men of all age groups. Kick-start your journey with a customized scrub, expertly designed to cleanse and dispel fatigue from both the mind and body. Following this, an invigorating massage employs the power of ancient virility herbs, while the revitalizing attributes of Cedarwood and Vetiver work to rejuvenate the body. The experience is enriched by a liver pack that intensifies the healing blood flow, ultimately bolstering energy levels.

MEN'S REVITALIZING FACE THERAPY

60 MINUTES

THB 4,100

"The Invigorating Facial"

This men's facial restores vitality to skin weakened by frequent shaving or exposure to the elements. Hydrating blackcurrant, honey, and sandalwood exfoliator cleanses, tones, and moisturizes prior to a marma point massage with anti-bacterial Vetiver and healing Damascene Rose. To finish, a Seaweed and Bio-Plasma mask purifies and nourishes, leaving skin supple and strengthened.

FEMININE SPIRIT

120 MINUTES

THB 6,800

"For Rejuvenation and Emotional Support"

"Himalayan Salt Crystal Scrub & Prana Vitality Massage with Wrap"

This heavenly experience awakens the feminine zest for life and floods the body with energy. The treatment seamlessly integrates a rhythmic lymphatic massage, marma therapy, and kidney packs to rejuvenate the energy of the kidneys and adrenal glands – a pivotal aspect of women's overall well-being. The infusion of carefully selected herbs, renowned for nurturing emotional wellness in women, is enhanced with the soothing essences of Jasmine and Ylang Ylang essential oils. This harmonious blend creates a profoundly nurturing and uplifting encounter, dedicated to empowering the feminine vitality.

RAINFOREST REJUVENATING FACE THERAPY

60 MINUTES

THB 4,100

"The Sensitive Facial For All Skin Types"

This restorative facial draws on intensely healing rainforest extracts to rejuvenate facial skin. Warm herbs, lymphatic drainage techniques, and an Amazonian mud mask encourage toxin release, reduce water retention, increasing blood supply and boosting collagen production at a cellular level. Skin tone is brightened and muscle contraction is inhibited, softening fine lines and wrinkles.

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INFINITE LUXURY SPA

REST & RECOVER

ENERGYPOD™

60 MINUTES

THB 2,500

"For Total Body Relaxation and Rebalancing"

"Rejuvenating Foot Massage & EnergyPod™"

Escape the bustling world and step into a realm of profound relaxation with the EnergyPod™. This innovative pod envelops you in comfort, inviting a brief yet rejuvenating rest. Lulled into slumber by soothing sounds, you recline into an optimal position before our therapist administers foot zone therapy. Applying gentle acupressure along specific foot zones, this treatment invigorates your immune and circulatory systems, contributing to lower blood pressure. The stimulation of your lymphatic system leads to improved fluid circulation, reduced water retention, and diminished puffiness, leaving you revitalized.

KU NYE MASSAGE

60 MINUTES

THB 3,800

"Good For Balancing Your Vitality"

This Tibetan Body Treatment balances the five elements to restore a harmonious flow of energy and vitality. A blend of five essential oils works together to stabilize the five sensory organs, while Tibetan techniques of cupping, kneading, and hot crystal/poultice acupressure help release physical and mental tension, harmonizing from the tips of the toes to the crown of the head.

A COUPLE OF SHIVA SHAKTI

150 MINUTES

THB 20,000

"For Reconnecting Couples Spiritually and Emotionally"

"Himalayan Salt Scrub, Kundalini Treatment, Mini Facial, and Pouring Oil for Opening the Third Eye Chakra"

Designed for couples to experience together, this ritual focuses on three chakras: heart, water, and crown. Exquisite oils of Rose (the oil of love), Orange Blossom (Bliss), and Jasmine (for stimulating the flow of love) result in a beautiful connection of mind, body, and spirit.

CHAKRA WELLBEING

120 MINUTES

THB 8,000

"For Bespoke Deep Relaxation and Healing"

"Chakra Wellbeing 90 min & Pouring Third Eye Oil"

As exquisite as it is holistic, this bespoke treatment is tailored to the needs of each individual, working on the muscles, lymph, and nervous systems as a whole. Based on seven blends of chakra-balancing essential oils, each unique ritual involves deep relaxation of the nervous system, sensuous lymphatic drainage, subtle healing of the chakras, and the pouring of warm oil over the third eye to restore and relax every sense. This treatment will be performed in the chromotherapy chamber.

KUNDALINI TREATMENT

90 MINUTES

THB 5,000

"Excellent For Soul Nurturing"

Ideal for emotionally exhausted souls, this nurturing treatment has an extraordinarily restorative effect on the sympathetic and parasympathetic nervous systems. Chakra and sound healing activate and channel the Kundalini, the dormant energy located at the base of the spine. Tension is lifted, negativity is released, and the body is restored to a state of awareness and balance.

SHIRODHARA

30 MINUTES

THB 2,500

"Stress Relief"

An Ayurvedic healing technique that involves the application of medicated oil on the third eye, poured continuously onto the forehead. This treatment is combined with a soothing scalp, head, neck, and shoulder massage, working to enhance sleep quality and provide stress relief.



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INFINITE LUXURY SPA

DETOX & CLEANSING

INSTANTLY DETOXIFYING SCRUB

60 MINUTES

THB 4,100

"For Complete Detoxification and Invigorating Stimulation"

This energizing full-body scrub targets cellulite, stress, and exhaustion. Drawing on the ionizing properties of Himalayan Salt Crystals, it stimulates circulation and toxin elimination, uplifting the mind, body, and spirit. Containing rare Omega 7 to strengthen cell walls, regenerate the skin, improve circulation, and balance core energy, this treatment features a Rosehip and honey scrub that primes the skin for the sea Buckthorn elixir. Deep lymphatic drainage and acupressure, combined with hot poultices, maximize penetration. This is followed by a harmonizing Lavender and honey mask.

BIO-ENERGY MUD WRAP

90 MINUTES

THB 5,300

"Detoxifying and Re-energizing"

In this profoundly rejuvenating treatment, an invigorating and detoxifying scrub is enhanced through the inclusion of a wrap, designed to extract deeper toxins from the cells. The wrap aids in revitalizing the skin and lymphatic system by physically eliminating waste products, thereby cleansing and detoxifying the body. This process simultaneously re-energizes and softens the skin. Moreover, on a subtle level, it holds the potential to foster profound healing within the spirit.

ABDOMINAL MASSAGE

30/60 MINUTES

THB 2,500/3,600

"For Detoxification and Releasing the Stress"

Abdominal massage is good for health imbalances from digestive problems to stress. Recommended for all detoxification, stress release, promoting circulation and therefore improving health of the internal organs.

KU NYE FACE THERAPY

60 MINUTES

THB 4,100

"The Balancing Facial"

Utilizing ancient organic Tibetan oil (Sea Buckthorn Seed Oil), this facial taps into the benefits of its rare Omega 7 content to reinforce cell walls, rejuvenate skin, enhance circulation, and harmonize core energy. A Rosehip and honey scrub lays the groundwork for the Sea Buckthorn elixir, while deep lymphatic drainage and acupressure, combined with the application of hot poultices, ensure optimal product absorption. The experience culminates with a harmonizing lavender and honey mask, providing a comprehensive revitalizing journey.

PRANA VITALITY MASSAGE

60 MINUTES

THB 3,800

"For A Shining Life Force"

This revitalizing full-body massage helps release toxins, reduce fatigue, restoring strength and harmony. Specialized massage techniques, marma therapy, and hot poultice applications, blend with energy enhancing essential oils of juniper berry, geranium, lemongrass, lavender, and patchouli to leave mind, body, and spirit sparkling with vitality.

MARINE FLORA FACE THERAPY

90 MINUTES

THB 5,300

"The Detox and Deep Clean Facial"

This stimulating facial unites nutrient-dense marine elements and nerve point therapy to remove waste build-up and encourage rapid repair of damaged or dehydrated skin. Sea lettuce detoxifies and boosts the lymphatic system, while a Bio-plasma serum and sea lavender mask encourage collagen production. Skin is purified, vitality and tone improved, and micro-muscle tension eased.

PALO SANTO CLEANSING BODY SCRUB

45 MINUTES

THB 3,500

"For Total Detoxification Heaven"

Experience the natural wonders of a Dead Sea Salt blend, ideal for a soothing body scrub that imparts a feeling of cleanliness, softness, and a delicate infusion of the heavenly smoky aroma of Palo Santo.



TREATMENT ENHANCERS

Add some sparkle to your spa experience; choose one of these enhancers to enrich your massage, facial, body exfoliation, or wrap. You may request any of these harmonizing add-ons with your consultant.

SENSO EXPERIENCE

PER TREATMENT THB 1,000

The first in Thailand! This Relaxing light-therapy and soothing waterbed from ITALY adds great value to any spa session. Filled with pockets of gently warmed water, it's like floating on a bed of warm gel, while the soft light in the bed helps to boost your mood.

ENERGYPOD™ EXPERIENCE

30 MINUTES THB 500

Another pioneering innovation from Kata Rocks, this EnergyPod™ represents the world's first chair uniquely designed for napping. Research suggests that dreaming during an hour's nap may be as beneficial as a full night's sleep. It is ideal for individuals seeking to recover from jet lag or following spa treatments, enhancing their overall recovery experience.

CHROMOTHERAPY CHAMBER EXPERIENCE

PER TREATMENT THB 500

Chromotherapy is a treatment system that can benefit individuals by harmonizing with nature. Everything existing in the world is a composition of various colors, and the influences that arise from these colors can be advantageous for the body, mind, and spirit. Indeed, it offers an enlightening experience!

FOOT ZONE THERAPY

30 MINUTES/60 MINUTES THB 2,000/2,500

"For Happy Feet"

Acupressure along the zones of the feet re-energizes the immune and circulatory systems and helps lower blood pressure. Fluid circulation is increased and water retention and puffiness are reduced as the lymphatic system is stimulated.

UPPER BACK RECOVERY

30 MINUTES THB 2,000

"Great Back Energy"

Using a unique blend of Palo Santo & CBD rescue to maximize the recovery of muscle tension, this Tibetan-style massage combines gentle cupping and kneading to stimulate the flow of energy along the spine and strengthen the nervous system.

THAI HERBAL COMPRESS

30 MINUTES THB 1,400

In preparation for this treatment, your therapist will craft a poultice infused with Thai healing herbs, including camphor, lemongrass, eucalyptus, kaffir lime, ginger, galangal, tamarind, and turmeric. This therapeutic poultice is subsequently steam-heated and applied through rhythmic movements onto specific points of the body. This procedure helps alleviate muscle tension, enhance blood circulation, and invigorate both body and mind. Notably, it is renowned for its anti-inflammatory and antioxidant properties.

ADRENO EXHAUSTION WRAP

30 MINUTES THB 1,200

Targeting the adrenal glands, this specialized wrap combines strengthening vetiver and sandalwood, with warm and cool kidney packs to bring relief from adrenal exhaustion, hormone imbalances, menopause, and anxiety.

HORMONE WRAP

30 MINUTES THB 1,200

Targeting the kidneys, this specialized wrap combines rose and sandalwood, with warm and cool packs to help regulate fertility hormones and support healthy kidney function.

VITALITY WRAP

30 MINUTES THB 1,200

Targeting the liver, this specialized wrap incorporates basil, juniper, sandalwood, cedarwood, and rose, affirmed and activated by warm and cool packs to help increase the body's vital energy.

INFRA-RED SAUNA & HERBAL STEAM

30 MINUTES THB 500

Experience the benefits of an infrared sauna, where your body is directly warmed without affecting the surrounding air. Research suggests that this sauna can be advantageous, aiding in enhanced blood circulation, muscle relaxation, perspiration to release toxins, and promoting improved skin blood flow.

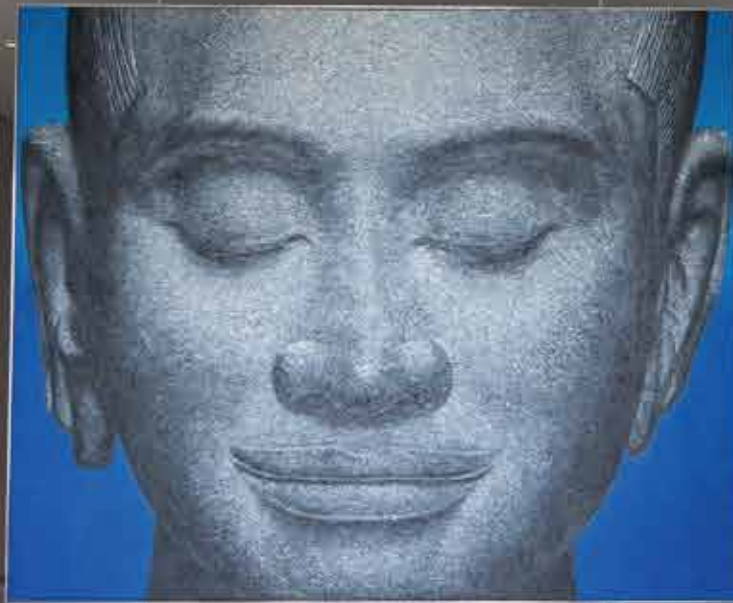
** Spa enhancers are not eligible for any discount benefits.

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"In the midst of movement and chaos, keep stillness inside of you."

DEEPAK CHOPRA



INFINITE LUXURY SPA

PEBBLE SPA

Craft an unforgettable spa day for you and your little ones. Infinite Luxury Spa offers tailored treatments designed to indulge and captivate youngsters aged 5 to 12 years old. Treat your beloved prince or princess and yourself to a day of pampering, beauty, and splendor.

MOMMY AND ME REJUVENATE

60 MINUTES

THB 6,500

"Himalayan Salt Scrub & Mini Facial or Hand Treatment"

Create cherished memories by sharing quality time with your daughter, an experience that will resonate in her heart for years to come. This remarkable journey commences with a soothing body exfoliation, leaving the skin refreshed and radiant. The pampering continues with a choice between a mini facial, revitalizing her youthful glow, or a nurturing hands treatment, providing her with a sense of comfort and care. This shared indulgence not only deepens your bond but also offers her a lasting treasure of this special connection.

MOMMY AND ME RELAX

60 MINUTES

THB 6,500

"Body Coconut Oil Massage & Foot Treatment"

Begin this exquisite treatment with a rejuvenating body massage using botanical coconut oil, expertly applied to melt away the strains of stress and long hours. Following this, both legs will undergo a revitalizing exfoliation using certified organic sugar crystals, delicately removing dullness and unveiling a radiant glow. The indulgence culminates in a tranquil leg massage, skillfully performed using CLOSE YOUR EYES body oil. This elixir, extracted from certified organic plants brimming with nourishing vitamins, lavishes your skin with moisture, conditioning, and a touch of velvety softness.

**Daddies and sons are welcome too!



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INFINITE LUXURY SPA

SIGNATURE RITUAL

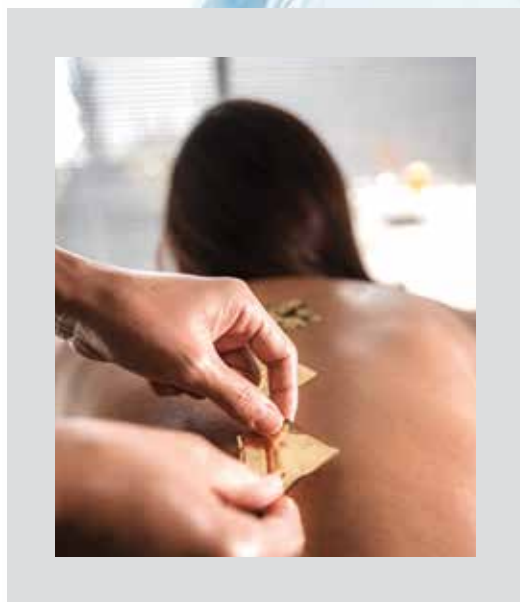
KATA ROCKS BLESSING RITUAL

90 MINUTES

THB 5,200

"Purified Remedy for Body and Soul"

A Signature Infinite Luxury Spa Innovation, the Kata Rocks Blessing is an indulging combination of the healing stone blessing and the purifying ritual by a sacred singing bowl to uplift the senses. The Chakra Balancing Massage follows to complement the purifying treatment leaving you in a state of deep relaxation. In the end, the blessed healing stone is given to remind you of the Buddha Footprint at Kata Rocks, the place to heal the soul.



INFINITE LUXURY SPA

HAND & FOOT TREATMENTS

Innovation Gel Polish, for minimization of skin allergies, safe for children and pregnant women

IMPECCABLY PERFECT MANI-PEDI

60/90 MINUTES

THB 2,000/2,200

EXPRESS MANI-PEDI (BASIC/GEL POLISH)

45 MINUTES

THB 1,200/1,800

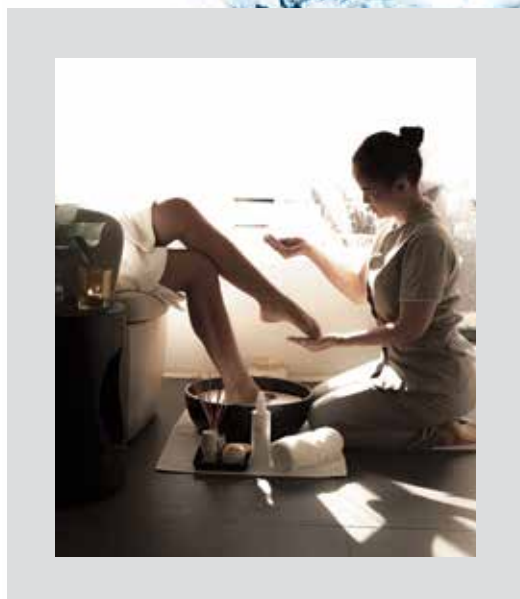
EXPRESS GENTLEMEN

30 MINUTES

THB 1,000

GEL NAIL REMOVER

THB 600



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INFINITE LUXURY SPA

PACKAGE RECOMMENDATIONS

FULL DAY JOURNEY

6 Hours

THB 16,200

"Heavenly Treats"

Bio Energy Mud Wrap (90 minutes)

Choice of Thai Massage or Kundalini Massage (90 minutes)

Healthy Lunch / Dinner (60 minutes)

Choice of Facial Treatment (60 minutes)

Choice of Hand Treatment or Foot Treatment (60 minutes)

HALF DAY JOURNEY

4 Hours

THB 10,500

"Great Escape"

Choice of Prana Vitality Massage or Ku Nye Massage (60 minutes)

Full Body Scrub (60 minutes)

Choice of Hand Treatment or Foot Treatment (60 minutes)

Healthy Lunch / Dinner (60 minutes)

*** Spa Package is not eligible for any discount benefits.*



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KR KATA ROCKS
BY INFINITE LUXURY

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